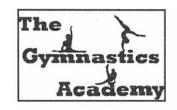
# Gymnastics Academy L.L.C.

Tel / Fax: 44214671 Mobile: 55829428

E-mail: gymacademy doha@hotmail.com

C.R. No.: 34937



أكاديمية الجمباز ذ.م.م تليفون/ فاكس: ٤٤٢١٤٦٧١ جوال: ٥٨٢٩٤٢٨، بريد الكتروني: gymacademy\_doha@hotmail.com س.ت: ٣٤٩٣٧



# Gymnastics Academy at DESS Introduction letter



I would like to take this opportunity to welcome you and your children to the Gymnastics Academy held at DESS and other schools in Doha. It is an independent, non-profit Gymnastics Academy, registered as a business under Qatar law. It caters for gymnasts of different abilities from the age of 4. The Academy has excellent equipment including air tracks, landing inflatable's, trampolines, beams, junior bars, tumble tracks, vault and a full floor. For the junior gymnasts we have lots of soft play equipment and matting.

All our coaches are fully qualified and we are extremely fortunate to have access to innovative choreographers to assist in our floor routines.



The world governing body of sport recognizes gymnastics as one of the three key core sports for children, alongside athletics and swimming.

### Gym Sessions per week

Children initially attend gym once a week according to their age and ability. Opportunities are available for them to progress through the different ability groups. Once the gymnast has achieved certain skills, he/she may be invited to attend twice a week. **The Senior and junior squad attend 3 times a week**. Academy gymnasts regularly take part in displays and take part in the Qatar Federation competition called the Falcon Cup. Our gymnasts take part in Inter-Gulf Regional competitions and many of our gymnast do Gymnastics as part of their P.E. IGCSE and "A" Level qualifications.



The Academy is affiliated with British Gymnastics: trainee coaches are qualified through this organization. We also work closely with the Qatar Gymnastic Federation resulting in the ability of our squad members to train in their excellent facility on a Saturday.

### **School Regulations**

The Academy is only permitted the use of the Multi-Purpose Hall (MPH) and the downstairs waiting area; therefore we kindly request that all gymnasts and their family members remain in these designated areas. All children must be collected from the foyer at the end of their sessions.

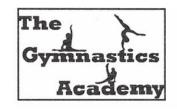


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### **Valuables**

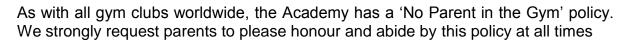


High value items such as jewelry, mobile phones and other portable electronic equipment should not be brought to the Gym. Kindly note that the Gymnastics Academy does not accept responsibility of the loss of any valuables. Should your child arrive



for the session in school uniform, all items of clothing must be named.

### 'No parent in Gym' Policy





### Invoices

Gymnasts will be invoiced for the term from the date that he/she started at the Academy. Please note that we do not allocate free try out sessions. Invoices are sent electronically and payment dates will be given out at the start of each term. Kindly note if payment is not made on the due date stated, your child will not be allowed to attend his/her next session.



### Fees are non-refundable.

At the Academy, we keep the children's names on our register from the time your child starts until you withdraw them from the Academy. Should your child not wish to continue gymnastics, it is the parent's responsibility to notify the Academy before the start of the new term. Should the Academy not receive a withdrawal notice prior to the start of the new term, you will be charged for a full terms fee.

If a child does not turn up for the first session of the new term and the parents have not notified us about his/her absence, that child will automatically be taken off the Academy register.

.Kindly read the following page regarding the DESS facility rules and regulations.

Again welcome to the Academy and please do not hesitate to contact us if you have any queries.

Kind Regards,

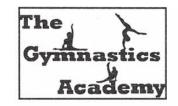
Shelagh Innes - Director

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# **DESS Facility Rules and Information**

- 1 **Water -** There is a water fountain in the foyer of the hall, but please note that no water or any other drinks may be taken into the gym.
- 2 No Nuts Please note that DESS does not allow nuts on its premises due to children with allergies.
- 3 The Academy is only allowed the use of the Multi-Purpose Hall and foyer. No children or adults are allowed to wait outside the hall. **The school has the right to ask you to leave** if you are seen to be roaming the premises. Please be aware of the road outside the hall, and make sure your children walk with you till you leave the premises and are safely in the car. We do ask that all children respect the property of DESS.
- 4 Children **must** be collected on time from the foyer of the Multi-Purpose Hall. If a child is consistently collected late, they will be asked to leave the club and there will be no readmittance to the Academy nor refund of fees. If a parent anticipates being late, please notify the Academy by telephone. There is always a coach on duty until the last child has left the premises.
- Security Guards at the School's main gate have the right to ask for identification from yourself, your Driver or your Nannies. We therefore do ask that you please ensure that anyone coming to the Academy to drop off or pick up your child have their Qatari ID with them. The Guards at the gate also have a list of every child attending gym and may do a registration you come in.
- All children need to wear appropriate clothing for the gym; leotards, shorts, leggings, t-shirts, or P.E. kit. Jewelry cannot be worn including; necklaces, earrings, rubber bands bracelets etc. Hair must be tied back. This dress code is for the safety of gymnasts and coaches. As we live in a Muslim country, we ask they leave gym dressed appropriately.

## The Gymnastics Academy Rules and Regulations

Please note that all parents are required to read the Gymnastics Academy Rules on the website,